

## Sara Best



Sara Best, Director of the Board Catalyst<sup>SM</sup> Institute, has twenty years of experience serving the non-profit and for-profit sectors, both professionally and as a volunteer. Born and raised in Toledo, Ohio, Sara obtained a Bachelor's Degree in Social Work from the Ohio State University, and a Masters Degree in Administration from Eastern Michigan University.

Serving as the Board Catalyst<sup>SM</sup> Institute Director, Sara possesses the knowledge and expertise to lead the board governance division. For the past 19 years, Sara has provided training to top companies, groups and organizations on Emotional Intelligence, Effective Team Function, Managing Change, Building Resilience, Communication and Leadership Development. For the last 5 years, Sara has served as the principal consultant for Best People Solutions, LLC; a dynamic, organizational development firm.

Using the expertise and experience Sara has gained through the years, she assists our non-profit clients in revitalizing their boards by developing a sound infrastructure. In collaboration with board and staff leadership, Sara evaluates team strength and opportunity to develop a high-impact board program complete with new policies and procedures, recruitment process, and most importantly, a consistent implemented evaluation and accountability system. In the end, her work results in more meaningful experiences for board members and transformational contributions for our organizations.

*Board Catalyst<sup>SM</sup> Institute is a division of Aly Sterling Philanthropy. Aly Sterling Philanthropy is a full-service fundraising and board governance firm, specializing in building sustainable fundraising solutions for non-profits. "Sustainable" is a key component to our philosophy and practices as we believe organizations have both the desire and ability to create authentic and manageable systems that result in a continuous cycle of donor engagement and transformational gifts. Learn more about us on-line at [www.alysterling.com](http://www.alysterling.com) and [www.boardcatalyst.com](http://www.boardcatalyst.com).*